

## **Volunteer Schedule**

**Edgewood Nourish** – Mountain View Lutheran Church – 3607 122<sup>nd</sup> Ave. E., Suite B, Edgewood WA 98372.

Grocery Distribution to Customers:

Thursdays: 2 pm – 7 pm  
Saturdays 9:30 am – 2:30 pm

Stocking/ Pack Grocery Boxes:

Wednesdays: 9:30 am – 12:30 pm  
Fridays: 9:30 am – 12:30 pm

### **Graham/South Hill Nourish –**

Grocery Distribution to Customers:

Mondays & Fridays: 9:00 am – 2:00 pm  
Wednesdays: 12:00 pm – 3:00 pm, 3:30 pm – 6:30 pm

Stocking/Pack Grocery Boxes:

Mondays & Fridays: 2:00 pm – 5:00 pm  
Tuesdays: 9:00 am – 5:00 pm  
Thursdays: 1:30 pm -5:30 pm

**Lakes Area Nourish** – United Methodist Church at Lakewood- 6900 Steilacoom Blvd, Lakewood WA 98499

Grocery Distribution to Customers:

Mondays, Wednesdays and Fridays: 9:00 am - 1:30 pm  
Mondays: 1:00 pm – 6 p.m.  
Wednesdays & Fridays: 1:00 pm – 5 pm

Stocking/Pack Grocery Boxes:

Monday, Wednesday, & Friday: 9:30 am – 12:30 pm  
Tuesdays: 9:30 am -12:00 pm  
Thursdays: 9:30 am – 12:00 pm

**Northwest Nourish-** Mason United Methodist Church- 2710 North Madison St, Tacoma WA 98407

Grocery Distribution:

Wednesdays and Saturdays: 10 – 2 pm

**Southeast Nourish** – Lutheran Church of Christ the King – 1704 East 85<sup>th</sup> St. Tacoma  
WA 98445

Grocery Distribution to Customers:

Mondays, Wednesdays, & Fridays – 9 am – 1:00 pm, 12:00 pm – 4:00 pm

**Nourish Warehouse** – Located in the Bekins Moving and Storage Building – 6900 Durango  
Street, Dock Door #7, Lakewood 98499

Pack Grocery Boxes: Monday through Friday: 9 – 11 am, 1 – 3 pm

**Nourish Mobile Food Banks** – 23 Various Sites. Monday through Friday – Mid-day and late  
afternoon shifts available.