



# **NOURISH PIERCE COUNTY**

**Food Banks for Healthier Futures**

## **Food Sorting Categories**

- Household Items
- Beverages
- Juice
- Fruits
- Vegetables
- Potatoes & Onions
- Tomato Products
- Pasta
- Soup
- Rice
- Beans & Lentils
- Canned Proteins
- Canned Beans
- Eggs
- Frozen Proteins
- Dairy
- Breakfast Cereal/Oatmeal
- Condiments/Baking
- Bread
- Snacks/Desserts